



White Wreath  
Association Ltd®

"Action Against Suicide"

# SOCK IT

— TO SUICIDE —

Third full week in October Mon – Fri

Every year during Sock it to Suicide week, we encourage everyone to wear bright coloured socks to their workplace, school, etc and donate a gold coin in support of the White Wreath Association.

## Our Vision

In Australia we have to come to terms with the trauma of thousands of our fellow citizens (men, women and children) suiciding every year. For those left behind by these tragedies the hurt is no less traumatic and yet society's response to these surviving families and friends is vastly different from the help offered in other kinds of medical and social tragedies. It seems that no one cares or understands that the families and friends of suicide victims are in as much need of help and support as other members of our Australian society and are just as deserving of our understanding and respect. We have been creating – in the wider community – awareness of the misunderstandings relating to mental illness and providing community education concerning the lack of appropriate treatment. We have established National White Wreath Day (29th May) in Remembrance of all Victims of Suicide We are contactable 24 hrs a day for anyone who is in need. We have a website with all our information. We have branches Australia wide. Our objectives are to raise sufficient funds to establish a Safehaven Centre/s for those who want a 'place of safety' at times when suicide threatens. With your help we will achieve our goal and together reduce the frightening suicide figures that are growing at a staggering rate.

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